

ESPECE	CODE	ORIGIN	STABILITY	ADHESION	INHIBITION OF PATHOGENS	IMMUNOMODULATORY PROPERTIES	ALLERGENS
<i>Bifidobacterium bifidum</i>	Bfbi1	Human	+++	+++		Immunostimulant	No
<i>Bifidobacterium bifidum</i>	Bfbi2	Human	++	++	+	Intermediate status	No
<i>Bifidobacterium breve</i>	Bfbr1	Human	+++	++	+++	Anti-inflammatory	No
<i>Bifidobacterium infantis</i>	Bfin1	Human	++	++	++	Intermediate status	Yes ^{1,2}
<i>Bifidobacterium lactis</i>	Bfla1	Human	++	+++	+	Immunostimulant	No
<i>Bifidobacterium lactis</i>	Bfla2	Human	+++	++	++	Anti-inflammatory	No
<i>Bifidobacterium longum</i>	Bflo1	Dairy	+	+		Anti-inflammatory	Yes ^{1,2}
<i>Lactobacillus acidophilus</i>	Lbac1	Human	+++	+++	++	Immunostimulant	No
<i>Lactobacillus acidophilus</i>	Lbac2	Human	+++	+++	++	Immunostimulant	No
<i>Lactobacillus casei</i>	Lbca1	Dairy	+++	+++	+++	Intermediate status	No
<i>Lactobacillus casei</i>	Lbca2	Human	++	+	++	Intermediate status	No
<i>Lactobacillus gasseri</i>	Lbga1	Human	+++	+++	+	Immunostimulant	No
<i>Lactobacillus helveticus</i>	Lbhe2	Human	+	+++	+++	Immunostimulant	Yes ¹
<i>Lactobacillus paracasei</i>	Lbpa1	Human	++	+	++	Intermediate status	Yes ^{1,2}
<i>Lactobacillus plantarum</i>	Lbpl1	Plant	++	++	+++	Immunostimulant	No
<i>Lactobacillus plantarum</i>	Lbpl2	Cheese	+++	+++		Immunostimulant	Yes ²
<i>Lactobacillus rhamnosus</i>	Lbrh1	Human	++	+		Intermediate status	Yes ^{1,2}
<i>Lactobacillus rhamnosus</i>	Lbrh2	Human	++	+	++	Anti-inflammatory	No
<i>Lactobacillus rhamnosus GG</i>	Lbrh4	-	++	+	++	Intermediate status	No
<i>Lactobacillus salivarius</i>	Lbsa1	-	+++	+++	+++	Intermediate status	No
<i>Lactococcus lactis</i>	Lcla1	-	+++	++	+++	Immunostimulant	No
<i>Streptococcus thermophilus</i>	Scth1	Cheese	++	+		Immunostimulant	Yes ²
<i>Saccharomyces cerevisiae</i>	Sacc1	Plant	+	+		Immunostimulant	No

+++ : Excellent ; ++ : Good ; + : Significant

¹: This product may contain traces of soy and products thereof according to European Regulation 1169/2011.

²: This product may contain traces of milk and products thereof according to European Regulation 1169/2011.

For more informations on a strain, please consult its technical specifications on www.genibio.fr/probiotics

This technical information is supplied to inform our clients and may be modified at a later date. Additional information and the experimental methods of the *in vitro* evaluation of probiotic properties used are available upon simple request.